



Emmaus Retreat

WHAT IS EMMAUS?

Emmaus is a retreat organized and conducted by lay people in coordination with Saint Michael Parish priests. A weekend long retreat to experience God in a personal way. The structure of this retreat is based on the reading found in the Gospel of Luke 24: 13-35 "Road to Emmaus". Like the disciples we start our journey so wrapped up in our feelings that we do not realize that it is Jesus who is accompanying us as we journey in our life on earth.

Each Emmaus experience is individual, it depends on how each person comes to the retreat.



Emmaus Women Retreat

Friday March 13th –

Sunday March 15th, 2020

emmaus.sm.greenwich@gmail.com



Emmaus Men Retreat

Friday February 21st –

Sunday February 23rd, 2020

emmaus.sm.men@gmail.com